Sickle cell disease (SCD) is a chronic condition that affects thousands of people worldwide. The purpose of this study is to illustrate some of the challenges and perceptions of people diagnosed with SCD. The aims were to describe stressors, problematic symptoms, sources of support, and interactions with healthcare providers. This descriptive study, using mostly open-ended questions and conceptual analysis, included a sample of patients with SCD who were older than 18 years in ambulatory (57%) and inpatient (43%) clinics. Participants completed a 20-minute interview. Pain or SCD crisis were the chief reasons for hospitalization, and a wellness checkup was the chief reason people returned to an ambulatory clinic. Most (74%) were able to perform chores. Family was reported to cause the most stress in the home and also provide the most help. Pain is a pervasive aspect of life, limiting activities of daily living. Negative interactions with healthcare providers are common; therefore, advocacy is necessary for patients with SCD.

Stefani O’Connor, RN, MS, CCM, IQCI, is a self-employed certified case manager in Columbus, OH; and Deborah Hanes, MSN, RN, CNS, ARND, is a clinical nurse specialist, Amy Lindsey, MS, PMHCNS-BC, is a mental health clinical nurse specialist, Mary Weiss, BS, RN, OCN®, CCRC®, is a staff nurse III, Lorie Petty, MS, RN, CNL, is a staff nurse, and Janine Overcash, PhD, GNP-BC, all at the Arthur G. James Cancer Hospital and Richard J. Solove Research Institute of the Ohio State University Comprehensive Cancer Center in Columbus. The authors take full responsibility for the content of the article. The authors did not receive honoraria for this work. The content of this article has been reviewed by independent peer reviewers to ensure that it is balanced, objective, and free from commercial bias. No financial relationships relevant to the content of this article have been disclosed by the authors, planners, independent peer reviewers, or editorial staff. O’Connor can be reached at so_casemgr@yahoo.com, with copy to editor at CIONEditor@ons.org. (Submitted December 2013. Revision submitted January 2014. Accepted for publication February 6, 2014.)

Key words: sickle cell disease; stressors; pain; attitudes; perceptions; diversity; health care

Digital Object Identifier: 10.1188/14.CJON.675-680