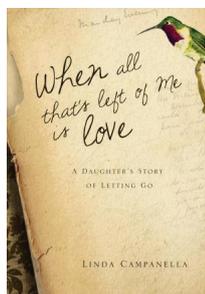




BOOKS

When All That's Left of Me Is Love. Linda Campanella. Mustang, OK: Tate, 2011, softcover, 232 pages, \$17.99.



This book shares Campanella's journey through the last year of her mother's life, from diagnosis to death. Although it was known early that her mother had a limited life expectancy, Campanella's writing emphasizes living, loving, and letting go. The book highlights personal accounts and events that were meaningful to the author, her mother, and the entire family. Anticipating death was only a part of the story; other parts focused on providing the uplifting aspects of celebration and continuing the special bonds during this journey.

The intended audience for this book is broad—any healthcare professional or lay community member caring for someone who may be in the later stages of an illness. Medical terms and jargon are used, but understandable and written in the context for someone without a medical background. As an oncology nurse, I consider this an important read to help understand the thoughts, feelings, and experiences that patients and caregivers endure. As a daughter, it also is inspiring to see how others made the last months of life memorable and peaceful for a parent or loved one.

Strengths of this book include the expression of the author's thoughts and love in text and excerpts of actual letters and e-mails shared during this time. The theme of communication was a common thread throughout the book. Another strength was the focus on celebration of life, on good and bad days, and simple things that can provide comfort and lasting memories.

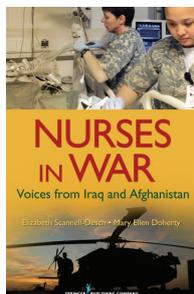
The book was easy to read, and alternating the text with e-mail letter excerpts gave the book rhythm. It may be difficult

for some families to imagine the cooperation, support, and presence that the author was able to have. Sharing what did work may, in turn, help others.

The varied acceptance, involvement, understanding, and processing of a serious illness by individual family members was enlightening. The author communicated openly and often with her mother, siblings, and others. Although everyone may not have the same thoughts and feelings, communicating verbally and electronically can provide clarity of facts and opportunities to express feelings.

Jan Tipton, MSN, RN, AOCN®, is an oncology clinical nurse specialist at the University of Toledo Medical Center in Ohio.

Nurses in War: Voices From Iraq and Afghanistan. Elizabeth Scannell-Desch and Mary Ellen Doherty. New York, NY: Springer, 2012, softcover, 296 pages, \$35.



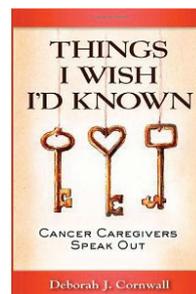
Scannell-Desch and Doherty have written a compelling story about nursing during a war, and the protagonists of this nonfiction book are the nurses themselves. The book is built on three qualitative research studies that examined the lived experience of military nurses in the Iraq and Afghanistan wars from 2003–2010. The first study recounts the experiences of 37 U.S. military nurses deployed during a time of war. This first group was used to specifically look at health and hygiene experiences and examine parental separation for nurse-parents during deployment. Context is given through the historical significance of Florence Nightingale's work during the Crimean War and other major wars, most notably the Vietnam War.

After the introductory materials, the authors wisely and skillfully step out of the way and let the nurses do the talking. Chapters begin with a brief summation narrative, and then direct quotes are used from a variety of nurses. The various locations the nurses were

assigned are described clearly in non-military terms. Work in fast-forward surgical teams, forward-mobile surgical hospitals, combat support hospitals, detainee hospitals, local hospitals, flight nursing, aeromedical evacuation, and an aeromedical staging facility are represented. By far the vast majority of experiences are trauma nursing, although examples of the daily care or sick calls expected with a large group of people are included. Although not focused specifically on oncology nursing, the book features human beings and nursing in another dimension, providing a fascinating inside look at military deployment.

Patricia Ringos Beach, MSN, RN, AOCN®, ACHPN, is a patient navigator and clinical nurse specialist at Mercy Cancer Center in Toledo, OH.

Things I Wish I'd Known: Cancer Caregivers Speak Out. Deborah J. Cornwall. Sarasota, FL: Bardolf and Company, 2012, softcover, 247 pages, \$19.95.



Patients with cancer often describe their lives in terms of "before cancer" and "after cancer." A key element in successfully navigating the world "after cancer" is a personal caregiver or group of caregivers. In this book, Cornwall provides a thoughtful, organized guide for caregivers.

Cornwell is a management consultant, oncology social worker, American Cancer Society volunteer, and breast cancer survivor. She was motivated to write this caregiver "how-to" book after her own cancer treatment experience and interactions with patients and caregivers through her volunteer work. She interviewed 86 people from 18 states and shares the things they had to learn "the hard way" when dealing with the business of cancer. The book is filled with valuable practical information and interesting real-life examples from her caregiver interviewees.

I would recommend the use of this book in orienting new patients and their caregivers after a cancer diagnosis. Chapters 1–8 and 10 deal with issues critically important to the patient newly diagnosed with cancer as well as the caregiver, such as getting a clear diagnosis, gathering information, treatment provider options, finding resources, dealing with children, and legal and financial issues. I particularly liked the discussion on successfully advocating for the patient because this is an area that can be difficult for the caregiver if mistakes are made in dealing with providers.

Chapters 9 and 11 cover seeking normalcy, managing emotions, and caregiver health, and are helpful once treatment plans have been initiated. The final chapters assist those nearing the end of the cancer journey, whether it be survival or the end of life. I would recommend these chapters for any caregiver of a chronically or terminally ill patient.

Susan Hansell, RN, BSN, OCN®, MBA, is a former cancer care coordinator at the Veterans Administration Hospital in Ann Arbor, MI.

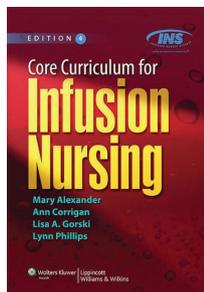
NEW RELEASES

Occupational Cancers: Clinical and Pathological Features, Assessment and Diagnosis. Sisko L. Anttila, Paolo Boffetta, and Kurt Straif (Eds). New York, NY: Springer, 2013, hardcover, 500 pages, \$219.

This book is the first fully comprehensive guide to occupational factors of malignant diseases and the diagnosis and treatment of patients with cancer and those with high cancer risk because of occupational exposures. In most malignant diseases, no straightforward causal association exists between a specific cancer case and exposure, but occupational and environmental factors are among many other risk factors. This book discusses potential work-related malignancies, in the context of information about exposure assessment; specific clinical and pathological features of occupational cancer; and biomarkers of exposure and disease. Epidemiologic data regarding risk ratios of the cancer in question are reviewed for various occupations and with exposure to specific carcinogens, carcinogenic

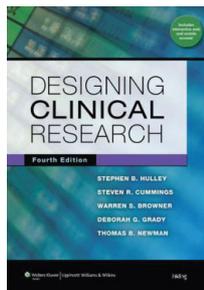
mechanisms, host susceptibility factors (genetic and other) and other environmental and lifestyle risk factors.

Core Curriculum for Infusion Nursing (4th ed.). Mary Alexander. Philadelphia, PA: Lippincott Williams and Wilkins, 2013, softcover, 448 pages, \$69.99.



The completely revised fourth edition covers the latest technologic advances in infusion therapy and reflects the recent expansion of the practice of infusion nursing. A detailed outline format makes it easy to retrieve and review essential facts. Organized in nine core content areas, each chapter serves as the basis for the development of test questions.

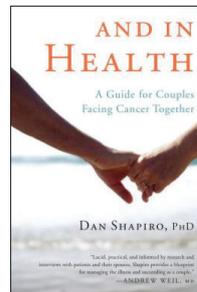
Designing Clinical Research (4th ed.). Stephen B. Hulley. Philadelphia, PA: Lippincott Williams and Wilkins, 2013, softcover, 400 pages, \$91.99.



This book has been extensively revised and continues to set the standard as a practical guide for doctors, nurses, pharmacists, and other health professionals involved in all forms of clinical, translational, and public health research. It presents advanced epidemiologic concepts in a reader-friendly way, and suggests common sense approaches to the challenging judgments involved in

designing, funding, and implementing research.

And in Health: A Guide for Couples Facing Cancer Together. Dan Shapiro. Boston, MA: Trumpeter, 2013, softcover, 240 pages, \$16.95.



This book features engaging and digestible lessons for couples navigating the life changes brought about by a cancer diagnosis. Dan Shapiro draws on his more than 25 years of clinical practice as a health psychologist who has researched and worked with couples facing cancer, and also on his own experiences of being both the patient (having and beating Hodgkin lymphoma) and the supporter and advocate (when his wife was diagnosed with breast cancer) to weave together insights on facing cancer while maintaining a strong relationship. *And in Health* gives advice in short lessons on the main areas of concern or conflict that can come from life with cancer—from diagnosis to treatment and life post-treatment.

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